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|  | Educational institution «Royal metropolitan university» |
| | Quality management system Syllabus of the discipline «Russian language» of the «DNHD» EI «RMU» |


**EI “ROYAL METROPOLITAN UNIVERSITY”
Department of Natural and Humanitarian Disciplines**



SYLLABUS

| | |
|--------------------------------|---------------------------------------|
| Program: | General medicine |
| Qualification of the graduate: | General practitioner / Medical doctor |
| Year: | 2025-2026 |
| Semester: | 1/2/3/4 |
| Course duration: | 18 weeks |
| | |
| Instructor/Assistant/Professor | Name: Davletbakova D.T |
| Department: | Humanities |
| Day and Time for consultation: | Monday at 14:00-16:30., room 207 |
| Classroom: | 207 |
| e-mail: | <i>damira2236@gmail.com</i> |
| | |
| Course Title: | Russian language |
| Must/Elective: | |
| Credit/Hours: | 8 |

Bishkek 2025

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1. Davletbakova D.T. email:damira2236@gmail.com

2. Description of discipline:

The program is focused on teaching foreign citizens who have not previously studied Russian or who speak Russian in an insufficient volume. This course will provide foreign citizens with the necessary language base:

- for their speedy adaptation in the new social and cultural environment;
- to communicate with native speakers of the Russian language;
- to carry out professional activities in teams, in hospitals where Russian is the working language;
- to communicate with patients during training practices;

Studying the Russian language according to this program will help foreign citizens to master the Russian language at a level that allows them to satisfy their basic communication needs in the field of everyday communication, social, cultural and professional spheres of communication.

The content of the program reflects the main levels of the language necessary for mastering communication skills (phonetic, lexical-semantic, grammatical).

Goal and objectives of the discipline

The purpose of studying the discipline “Russian language” is to provide foreign students with language knowledge, skills and abilities to carry out written and oral communication, as well as the formation of speech competencies necessary for solving professional problems. The study of Russian language will prepare students for public speaking, for realization of educational and educational activity, for cooperation.


Tasks of the discipline.

- to form and improve lexical and grammatical skills necessary for successful educational and professional medical communication in Russian;
- to learn to read, perceive by ear and conduct semantic analysis of professionally significant medical texts, to maintain medical documentation in Russian;
- to form grammatical and linguistic competence (mastery of language material sufficient for free communication in social and professional spheres);
- to develop the ability to discuss and polemics (ability to participate competently, effectively in a professional dialog with colleagues or partners, to conduct a dialog with medical staff).

Place of the discipline in the structure of the educational program (prerequisites, post-requisites) - This discipline is studied by students in the specialty “Medicine” (for foreign citizens) and is included in the list of compulsory disciplines of the humanitarian, social and economic cycle of the curriculum and the State Standard of Higher Education. The program of the discipline is designed for students who do not speak Russian. The discipline is an integral part of the program of training of medical specialists, mastering of which by foreign students is designed for the 1,2 semester of training, as well as 3,4 semester elective classes.

The knowledge obtained during the study of the discipline “Russian language” will be necessary for students to adapt to the conditions of a new socio-cultural environment; to communicate with native speakers of the Russian language; to carry out professional activities during educational practices.

Prerequisites: To master the Russian language course program, the student must know to study the features of articulation of sounds, intonation, accentuation and rhythmic of neutral speech;

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-know the rules of pronunciation and spelling, the basic phonetic laws of the Russian language; study the parts of speech, the basic grammatical categories of the Russian language;
 -distinguish the main syntactic constructions; study the lexical minimum of 4000 educational lexical units of general and terminological character;
 -to identify the main topics of speech and situations of communication; to study grammatical constructions necessary to express communicative functions and concepts in accordance with the speech situation.

Speaking. Dialogic and monologic speech using the most common and relatively simple lexico-grammatical means in the main communicative situations of informal and official communication.

Listening. Understanding of dialogic and monologic speech in the sphere of everyday and professional communication Reading. Types of texts: simple pragmatic texts.

Writing. Being able to write simple texts.

Post-requisites: Upon completion of the course, the student should be able to:

- read and listen to texts, identify the topic of a text, understand both its main and additional information;
- to independently compose oral and written coherent, logical statements;
- conduct a dialog in various speech situations with different purposes;
- solve communicative tasks in educational, professional and socio-cultural spheres of communication.

Competencies of students formed as a result of mastering the discipline, planned results of mastering the academic discipline.

GC-4 - able and willing to work in a team, tolerantly perceive social, ethnic, religious, and cultural

IC-3 - is capable and ready for written and oral communication in the state language and official languages, is able to master one of the foreign languages to solve professional problems.

SLC-5 - is capable and ready for logical and reasoned analysis, for public speech, discussion and polemics, for realization of upbringing and educational activity, for cooperation.

As a result of mastering the discipline, the student should demonstrate the following results of mastering the academic discipline:

LO2 -ability to business communication in one of foreign languages, ability to solve communication problems in all spheres of professional activity; ability to logical and reasoned analysis (IC 3, SLC5)

After mastering this discipline the student:

- will know the phonetic and intonational means of the Russian language, the main word-forming, morphological and syntactic units and the conditions of their use;
- will understand the basic information (topic, indication of place, time, reason, etc.) presented in separate dialogs and monologues of social and medical character;
- will be able to use basic medical terminology in Russian;
- will be able to initiate a dialog in typical communication situations (acquaintance, farewell, dialog between doctor and patient, doctor and medical staff, etc.).
- will be able to search for information in Russian using modern info-communication resources;
- will be able to participate competently and effectively in a professional dialog with colleagues or partners, to interview a patient in Russian.

1. Name and complexity of the discipline




| № | Name of discipline | course | semester | Week | Academic hours | | Independent work | | Total |
|---|--------------------|--------|----------|------|----------------|----------|------------------|------|-------|
| | | | | | Lecture | Practice | IWS | SRSP | |
| 1 | Russian language | 1 | 1 | 18 | | 72 | 24 | 24 | 120 |
| 2 | | 1 | 2 | 18 | | 72 | 24 | 24 | 120 |
| 3 | | 2 | 3 | 18 | | 36 | 12 | 12 | 60 |
| 4 | | 2 | 4 | 18 | | 36 | 12 | 12 | 60 |

2. Thematic plan for modules (indicating weeks and hours, dates)

1 semester

| Course Plan | Practice | Topic | Date | hours |
|-------------|----------|---|------|-------|
| 1 week | Practice | <i>Topic 1: Introductory phonetic course. Russian alphabet. Greetings, Acquaintance.</i> | | 4 |
| 2 week | Practice | <i>Topic 2: The system of vowels and consonants. The concept of hard and soft consonants. Family members. Frequent verbs.</i> | | 4 |
| 3 week | Practice | <i>Topic 3: Nouns Who is it? What is it. My family.</i> | | 4 |
| 4 week | Practice | <i>Topic 4: The category of the number of nouns. Food. Fruits. Vegetables. I have...</i> | | 4 |
| 5 week | Practice | <i>Topic 5: The gender of nouns. Masculine. Feminine gender. Man</i> | | 4 |
| 6 week | Practice | <i>Topic 6: Personal and possessive pronouns. Dishes. This is my....</i> | | 4 |
| 7 week | Practice | <i>Topic 7: Indicative pronouns. Complex sentences.. University staff. I have...</i> | | 4 |
| 8 week | Practice | <i>Topic 8: Verbs. Infinitive. Meaning and use of verbs. I am a student.</i> | | 4 |
| 9 week | Practice | <i>Module 1. Final lesson</i> | | 4 |
| 1 week | Practice | Topic 1: Present tense. Parts of the body". I need to...I can.... | | 4 |
| 2 week | Practice | Topic 2: Conjugation of verbs. The endings ишь, -ит, -ите, | | |

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| | | -ат(-ят) in verbs of the 2nd conjugation. Internal organs | | |
| 3 week | Practice | Topic 3: Adjective. Color. Taste. I like...I have.... | | 4 |
| 4 week | Practice | Topic 4: Adjective. How to describe a person. .My friend (girlfriend)... | | 4 |
| 5 week | Practice | Topic 5: Numbers. Quantitative numbers. Numbers from 1 to 1000. Vegetables, fruits. I want to buy... How much is.... | | 4 |
| 6 week | Practice | Topic 6: Adverbs of place and time. Seasons. Weather. | | 4 |
| 7 week | Practice | Topic 7: Adverbs of quality. How do you feel? | | |
| 8 week | Practice | Topic8: Comparison and differentiation of the prepositional case (where?) - accusative case (where to?) | | 4 |
| 9 week | Practice | <i>Topic 9. Final lesson</i> | | 4 |
| Total for semester | | | | |

2 semester

| Course Plan | Practice | Topic | Date | hours |
|-------------------------------|----------|--|------|-------|
| 1 week | Practice | Topic 1: Verbs. Infinitive form. Medical professions. Today I'm going. | | 4 |
| 2 week | Practice | Topic 2: Past tense of verbs. Tell me about yourself. Medical terms. | | 4 |
| 3 week | Practice | Topic 3. Verb aspects in the past tense. What did you do yesterday? | | 4 |
| 4 week | Practice | Topic 4. Simple future tense of verbs. Tomorrow I will call you.... | | 4 |
| 5 week | Practice | Topic 5. The compound future tense of verbs My weekend. Medical professions. | | 4 |
| 6 week | Practice | Topic 6. Future tense of verbs. I have a pain. | | 4 |
| 7 week | Practice | Topic 7. The verb "To be". I was..., I will be.... | | 4 |
| 8 week | Practice | Topic 8. The genitive case of negation in the present, past and future tenses. How to tell about the absence of an object (person). | | 4 |
| 9 week | Practice | <i>Topic 9. Final lesson</i> | | 4 |
| Module 2 (semester 2) | | | | |
| 1 week | Practice | Topic 1. The imperative mood of the verb. Rules of behavior in public places. | | 4 |



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| 2 week | Practice | Topic 2. Conjugation of return verbs with the particle <i>ся (-сь)</i> . My daily routine. | | 4 |
| 3 week | Practice | Topic 3. Verbs of motion in the Russian language. Library. Frequent verbs. | | 4 |
| 4 week | Practice | Topic 4. Use of modal verbs “want, would like” in speech. The main symptoms of a cold. | | 4 |
| 5 week | Practice | Topic 5. Use of the modal verb “must, will have to” in speech. Names of diseases. | | 4 |
| 6 week | Practice | Topic 6. Use of the modal verb “must” in speech. I need medicine. | | 4 |
| 7 week | Practice | Topic Difference between adverbs and adjectives in a sentence. I have allergies. | | 4 |
| 8 week | Practice | Topic 8. Expression of time: when? what time? what time? What time is it? | | 4 |
| 9 week | Practice | Topic 9. Final lesson | | 4 |
| Total for semester | | | | |

3 semester

| Course Plan | Practice | Topic | Date | hours |
|-------------|----------|---|------|-------|
| 1 week | Practice | Topic 1: Singular and plural nouns in the form of the prepositional case with the meaning of the object of thought. Prepositions <i>О / ОБ</i> . | | 2 |
| 2 week | Practice | Topic 2: Accusative case. Nouns in the Accusative case with the meaning of an inanimate object. Talking on the phone. | | 2 |
| 3 week | Practice | Topic 3. Verbs after which nouns in the Accusative case with the meaning of animate object are used. | | 2 |
| 4 week | Practice | Topic 4. The prepositional case of nouns: About whom? About what? Tell me about your friend. | | 2 |
| 5 week | Practice | Topic 5. Dative case. Letter to a friend. | | 2 |
| 6 week | Practice | Topic 6. Marking the place of motion. Walked down the street, called on the phone, watched on TV, listened on the radio, etc.. | | 2 |
| 7 week | Practice | Topic 7. Expression of conditional relations. Complex sentence with the allied word “if,...then”.Health. | | 2 |



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| 8 week | Practice | Topic 8. How to find out age, designation of a person when indicating age.. My friends. | | 2 |
| 9 week | Practice | <i>Module 1. Final lesson</i> | | 2 |
| Module 2 (semester 3) | | | | |
| 1 week | Practice | Topic 1. Prepositions. Use of the preposition -Y. He/she has.... | | 2 |
| 2 week | Practice | Topic 2. Use of the preposition WITHOUT. Intramuscular injection. | | 2 |
| 3 week | Practice | Topic 3. Use of prepositions - FROM, FOR. Names of diseases. | | 2 |
| 4 week | Practice | Topic 4. Use of the prepositions –from. My country | | 2 |
| 5 week | Practice | Topic 5. The Instrumental case. My free time | | 2 |
| 6 week | Practice | Topic 6. Verbs followed by nouns in the Instrumental case with the meaning of joint action.Opposite verbs. | | 2 |
| 7 week | Practice | Topic 7. Nouns in the Instrumental case with the meaning of predicative.You want to become a doctor. Why?. | | 2 |
| 8 week | Practice | Topic 8. Forms of Degrees of Comparison of Adjectives. Allergies and their symptoms. | | 2 |
| 9 week | Practice | <i>Topic 9. Final lesson</i> | | 2 |
| Total for semester | | | | |

4 semester

| Course Plan | Practice | Topic | Date | hours |
|-------------|----------|---|------|-------|
| 1 week | Practice | Topic 1. My future profession .Patient's passport data. | | 2 |
| 2 week | Practice | Topic 2. The Instrumental case after the verbs to become, to become, to be, to work. At an appointment with a therapist. | | 2 |
| 3 week | Practice | Topic 3. Asking the patient about temperature readings. The main signs of elevated body temperature | | 2 |
| 4 week | Practice | Topic 4 Health. Self-being.. Where does it hurt? Who has pain? | | 2 |
| 5 week | Practice | Topic 5. Culture. Museums of the world. National traditions. | | 2 |
| 6 week | Practice | Topic 6. Weather. Seasons. In the fall. | | 2 |
| 7 week | Practice | Topic 7. In the store. Buy to whom? Give to whom? I need, like, can not, must.... | | 2 |



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|--|-----------------|---|--|---|
| 8 week | Practice | Topic 8. How to tell time. Get up, wash/dress/hair comb. | | 2 |
| 9 week | Practice | Topic 9. <i>Final lesson</i> | | 2 |
| Topic 1. Examining a patient. Provision of first aid for bruises, wounds. | | | | |
| 1 week | Practice | | | 2 |
| Topic 2. Diseases and their symptoms.. Disease of the respiratory system. | | | | |
| 2 week | Practice | | | 2 |
| Topic 3. Free time. From where? / From whom? Where? To whom? | | | | |
| 3 week | Practice | | | 2 |
| Topic 4. Hobbies. Accusative case: I like...What? Who? Nominative case: I like (What? Who?). | | | | |
| 4 week | Practice | | | 2 |
| Topic 5. Sciences. Medicine of the future. Medical terms. | | | | |
| 5 week | Practice | | | 2 |
| Topic 6. Dative case. To whom?Age. -How old is your brother? | | | | |
| 6 week | Practice | | | 2 |
| Topic 7. Rules of behavior in public places. Passengers are not allowed to smoke in the cabin. | | | | |
| 7 week | Practice | | | 2 |
| Topic 8. Subject of state. Foreign tourists are cold in Bishkek in winter. | | | | |
| 8 week | Practice | | | 2 |
| Topic 9. <i>Final lesson</i> | | | | |
| 9 week | <i>Practice</i> | | | 2 |
| Total for semester | | | | |

3. Schedule of consultations

| semester | group | week | Time | room |
|----------|-------|--------|-------------|------|
| 1,2,3,4 | GM | Monday | 14.00-16.30 | 207 |

4. Schedule for receiving detentions

| Semester | Group | Week | Time | Room |
|----------|-------|-----------|-------------|------|
| 1,2,3,4 | GM | Wednesday | 15:30-16:30 | 207 |

5. List of basic and additional literature

Basic references:

1. Ovsienko Yu.G. Russian language for beginners. - M.: "Russian language", 2020. -470p
2. Russian language. Russian language = Russian language: a textbook on the Russian language for English-speaking groups of medical specialties / D.T. Davletbakova, A.R. Ryskulova. – Bishkek, 2025



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3. Russian as a Foreign Language. Elementary Level. Mikhaleva E.V., Mayer A.K., Fritzler A.A. –M.,-2021
4. Khavronina S.A., Shirochinskaya A.I. Russian language in exercises. Study guide (for English speakers). Moscow: 2023
5. Khavronina S., L. Kharlamova. Russian language. Lexico-grammatical course for beginners. M: Rus.lang.,2023

Additional literature

<https://ru.duolingo.com/> приложение «Duolingo»

1. Dyakova V.N. Doctor-Patient Dialogue. A Speech Development Handbook for International Medical Students – SPb: Zlatoust, 2021
2. Dyakova V.N. Preparation for Clinical Internship. A Speech Development Handbook for International Medical Students.– SPb: Zlatoust, 2015
3. Native Language – Russian: A textbook / Ye. S. Antonova. — Moskva: GEOTAR-Media, 2023. — 200 p.
4. Russian Language: A textbook / T. A. Rubtsova, T. A. Trishkina. — Moskva: GEOTAR-Media, 2025. — 424 p.
5. Russian language for foreign dental students: textbook / L. Yu. Berzegova, T. F. Matveeva. — Moscow: GEOTAR-Media, 2021.-112p.
6. Russian language and speech culture. Workshop: textbook / L. Yu. Berzegova, I. I. Makarova, M. S. Netosina. - Moscow: GEOTAR-Media, 2023.-88p.
7. Russian as a foreign language for medical students = Russian as a Foreign Language for Medical Students: textbook / L. A. Linnik, M. M. Petrosyan, A. S. Leonova. — Moscow: GEOTAR-Media, 2021.-160p.

6. COURSE POLICY AND EVALUATION CRITERIA:

Mandatory class attendance.

Mandatory uniform (white medical gown and slippers; during lab sessions, a cap and non-sterile gloves are also required).

Active student participation in practical classes, including preliminary preparation and completion of homework.

High-quality and timely completion of assignments for Independent Work of a Student (IWS) and Independent Work of a Student with a Teacher (IWST).

Participation in all types of assessment: current, module (midterm), and final.

Maintenance of a workbook for recording lecture material, homework, and lab results

Additional Requirements

One late arrival or leaving class early for any reason is considered one missed class and must be made up.


The following are unacceptable: using mobile phones during classes, late submission of assignments, and failure to comply with rules of conduct and subordination.

Assessment System

The maximum score for each module is 100 points, including:

Independent Work of a Student (IWS) – 20 points

Current control (assessment) – 40 points

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Module (midterm) control – 40 points

The results of all modules and the exam are combined to calculate the average course grade. Students must make up missed classes and any “unsatisfactory” grades received during the course. Makeup assignments are accepted according to the faculty duty schedule in the department.

A module control (assessment) may be retaken only for a valid reason and must be completed no later than two weeks after the module date.

A student is allowed to take the final assessment (a differentiated pass/credit or an exam) if he scores 60 or more points in the course.

A student who scores less than 60 points is not allowed to take the final assessment.

A student is exempt from taking the exam if their overall course score is between 96 and 100 (excellent). This provision does not apply to medical disciplines requiring a state final examination.

Exemption from the exam is granted by order of the rector based on a report from the dean’s office. The dean’s office prepares a semester summary report based on submissions from department heads.

Grading System


The credit system uses a multi-point grading scale with letter grades, allowing instructors more flexibility in assessing student performance. An academic credit is considered earned if the student receives one of the following grades:

A+, A, A-, B+, B, B-, C+, C, C-, D+, D, D-. Credit is not awarded for grades outside this scale.

| Scoring Policy | Module 1 | Module 2, etc. |
|---|---------------------------|----------------|
| Classroom work (activity in discussions, oral questioning, working with a glossary, etc.) | 40 points | 40 points |
| Independent work: abstract, report, essay | 20 points | 20 points |
| Modular control (midterm control) | 40 points | 40 points |
| Total for the discipline: | More than 60 points | |
| Credit passed | The discipline is passed. | |

Final assessment in the form of a pass (a credit) is carried out based on the results of the student’s independent work (SIW), current control (assessment) and midterm (modular) control for all modules.

| Assessment Policy | | | | | | |
|---|--|-----------|--------------------------------|-------------------|--------------------|-----------------|
| Form of interim assessment | Количество баллов | | | | | Mark |
| | Current control (max) | SIW (max) | Module (midterm) control (max) | Examination (max) | Total points (max) | |
| Examination | 40 | 20 | 40 | 100 | 100 | Excellent (Max) |
| Note: Method of calculating the sum of points | $M1=CK1+SIW1+MC1;$ $M2=CK2+SIW2+MC2;$ | | | | $S=(M1+M2+E)/3$ | |

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Final assessment in the form of an exam is conducted based on the student's independent work, current control (assessments) and module (midterm) control for all modules, as well as the exam itself.

The following grade-to-point scale is used to evaluate student performance:

| Rating and Scoring Scale | | | | |
|--------------------------|--------------------|----------------|--------|-------------|
| Maximum score | Intervals | | | |
| | «not satisfactory» | «satisfactory» | «good» | «excellent» |
| 20 | 0-11 | 12-15 | 16-17 | 18-20 |
| 40 | 0-23 | 24-30 | 31-35 | 36-40 |
| 60 | 0-35 | 36-45 | 46-53 | 54-60 |
| 100 | 0-59 | 60-75 | 76-89 | 90-100 |