	Educational institution "Royal Metropolitan University"
	Quality management system Syllabus of the discipline «History and culture of Kyrgyzstan» of the «DNHD» EI "RMU"

EI "ROYAL METROPOLITAN UNIVERSITY"
Department of Natural and Humanitarian Disciplines



SYLLABUS

Program:	General medicine
Qualification of the graduate:	General practitioner / Medical doctor
Year:	2025-2026
Semester:	1/2
Course duration:	18 weeks
Instructor/Assistant/Professor	Mirlan Subanov
Department:	Humanities
Day and Time for consultation:	Wednesday at 11:30-13:30., room 202
Classroom:	202
e-mail:	<i>mirsu1977@gmail.com</i>
Course Title:	History and culture of Kyrgyzstan
Must/Elective:	
Credit/Hours:	4

Bishkek 2025



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1. Subanov Mirlan, e-mail: mirsub1977@gmail.com

2. Description of discipline:

The introduction of such a scientific discipline as History and culture of Kyrgyzstan in the list of compulsory subjects taught to students meets the general requirements of the Ministry of Education of the Kyrgyz Republic. It is designed to facilitate the understanding of the peculiarities of the historical development of the Kyrgyz Republic, including economic, political and cultural aspects, which allows students to integrate more quickly and organically into the local environment, more successfully apply their knowledge in practice and learn new knowledge in the learning process. Additional understanding of the development of society and the basic laws of history has traditionally been a part of any education, regardless of the direction of study and specialization. On the example of the great physicians of antiquity, students understand the need to strive for encyclopedic knowledge in all spheres of modern life in order to carry out deeper research in their field.

The purpose and objectives of the discipline

The main purpose of teaching this discipline is to provide students with knowledge about the main stages of History and culture of Kyrgyzstan from ancient times to the present day. And also to give students general theoretical knowledge about the methodology of studying history, which include the principles of historicism, the influence of the natural environment, social and economic factors, a civilizational approach and other methods. In addition, to provide students with an example of the history of the peoples who inhabited the territory of our country and the Kyrgyz people themselves about important historical dates, events and personalities that influenced the history of the Kyrgyz Republic.

Main goals: at the end of this course, students should have knowledge of the following.

- Main historical dates, events and personalities in national history.
- The basic principles of historical research and related sciences:
- Concepts of the socio-political development of the nomadic peoples of the Eurasian steppes;
- Features of the material and spiritual culture of the Kyrgyz from ancient times to modernity;
- Development of modern society and culture in our country.
- At the end of this course, students **should have skills in following:**
- The ability to see historical processes and events in all their diversity interconnections and interdependencies;
- Ability to work independently with historical literature in order to possess skills of comparative analysis of various historical events and facts:
- The development of their own qualities of an intellectual personality, the ability of analytical thinking and the expansion of erudition.

The place of discipline in the structure of the BEP (prerequisites, postrequisites) –

The discipline "History and culture of Kyrgyzstan" refers to the basic part of the disciplines of the humanitarian, social and economic cycle of the BEP training specialists in the direction of "Medicine". It is an ideological and scientific-methodological basis for the study of humanitarian and socio-economic disciplines.

Prerequisites: Kyrgyz language and literature, history of Kyrgyzstan (basic course)

Post requisites: Philosophy, history of medicine, manas studies.



Competencies of students, formed as a result of mastering discipline, planned results of mastering academic discipline

Competency codes	Content of competencies	List of planned learning outcomes by discipline
GC-1	able and ready to analyze socially significant problems and processes, use the methods of natural sciences, mathematics and the humanities in various types of professional and social activities;	<p>Know: socially significant problems in the history</p> <p>To able to: identify the causal relationship of the phenomena of the historical past, analyze historical medical problems.</p> <p>Own: own the analysis of historical medical problems</p>
GC-2	is able and ready to analyze significant political events and trends, to master the basic concepts and patterns of the world historical process, to respect and care for	<p>Know: about the main stages and general patterns of formation and development of healing and medicine in various countries of the world from ancient times to our time; distinctive features of the development of healing and medicine in various historical periods (primitive society, the ancient world, the Middle Ages, modern and modern times); achievements of the largest civilizations in the field of healing and medicine in the process of progressive development of their spiritual culture; the contribution of outstanding doctors of the world who determined the fate of medical science and medical practice in the history of mankind</p> <p>To able to: analyze historical material and navigate the historical process of the progressive development of healing and medicine from the origins to the present; understand the logic and patterns of development of medical thought and activity at various stages of human history and apply this knowledge in their practice; constantly improve and deepen their knowledge of the history of the chosen specialty; strive to improve their cultural level; worthy to follow in their medical activities the ideas of humanism and universal values.</p> <p>Own: the skill to competently conduct a scientific discussion on the most important issues of the general history of medicine; the ability to use in their medical practice and communication with patients the knowledge of the history of medicine, culture and medical ethics acquired in the learning process</p>
SPC-2	capable and ready to master the techniques of professional communication; build interpersonal relationships, work in a group, constructively resolve conflict situations, tolerantly perceive social, ethnic, confessional and cultural differences; After mastering this discipline, the student:	<p>Know: techniques and methods of working with historical sources.</p> <p>To able to: find, systematize and analyze information on the history of medicine.</p> <p>Own: compiling informational notes, bibliographic indexes, preparing public speeches, the ability to competently lead a discussion.</p>




3. Name and complexity of the discipline

№	Name of discipline	course	semester	Week	Academic hours		Independent work		Total
					Lecture	Practice	SRSP	IWS	
1	History and culture of Kyrgyzstan	1	1/2	18	36	36	24	24	120

4. Thematic plan for modules (indicating weeks and hours, dates)

1 semester


Course Plan	Lecture / Practice	Topic	hours
1 week	Lecture	<i>Topic 1. History as a science. Functions and principles of historical science.</i>	2
2 week	Lecture	<i>Topic 2. Primitive society on the territory of Kyrgyzstan. Stone and Bronze Ages on the territory of Kyrgyzstan</i>	2
3 week	Lecture	<i>Topic 3. Ancient nomads on the territory of Kyrgyzstan.</i>	2
4 week	Lecture	<i>Topic 4. Kyrgyz as part of the Turkic Khanates</i>	2
5 week	Lecture	<i>Topic 5. The Kyrgyz state on the Yenisei</i>	2
6 week	Lecture	<i>Topic 6. Karakhanid Khanate</i>	2
7 week	Lecture	<i>Topic 7. The Great Silk Road on the territory of Kyrgyzstan.</i>	2
8 week	Lecture	<i>Topic 8. Kyrgyz as part of Mongolian-speaking states</i>	2
9 week	Lecture	<i>Topic 9. The Mughal state and the invasions of Amir-Temir</i>	2
1 week	Practice	<i>Topic 1. History as a science. Functions and principles of historical science.</i>	2
2 week	Practice	<i>Topic 2. Stone and Bronze Ages in Kyrgyzstan.</i>	2
3 week	Practice	<i>Topic 3. The oldest tribal unions and the first states on the territory of Kyrgyzstan.</i>	2
4 week	Practice	<i>Topic 4. Turkic Khanates</i>	2
5 week	Practice	<i>Topic 5. The ancient Kyrgyz state on the Yenisei.</i>	2
Module 1 (Date)			
6 week	Practice	<i>Topic 6. State of the Karakhanids.</i>	2
7 week	Practice	<i>Topic 7. The Great Silk Road on the territory of Kyrgyzstan.</i>	2
8 week	Practice	<i>Topic 8. The Kyrgyz in the era of the Mongol Empire. (Chagatai ulus, Kaidu) .</i>	2

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9 week	Practice	Topic 9. Mogolistan. State of Amir-Temir.	2
Module 2 (Date)			

2 semester

Course Plan	Lecture / Practice	Topic	hours
1 week	Lecture	Topic 1. The era of consolidation of the Kyrgyz people. Addition of the Kyrgyz nationality	2
2 week	Lecture	Topic 2. Kyrgyz in the struggle against the Dzungarian Khanate and the Qing Empire. Kyrgyz-Kazakh relations	2
3 week	Lecture	Topic 3. Kyrgyz in the Kokand Khanate and the Russian Empire	2
4 week	Lecture	Topic 4. Traditional economy and culture of the Kyrgyz: material and spiritual (XIX-beginning. XX centuries.)	2
5 week	Lecture	Topic 5. Establishment of Soviet power in Kyrgyzstan. Formation and development of Soviet statehood 1917-1940 biennium	2
6 week	Lecture	Topic 6. Kyrgyzstan during the Great Patriotic War	2
7 week	Lecture	Topic 7. Kyrgyzstan in the post-war years (1945-60) Kyrgyzstan in the 1960-1980	2
8 week	Lecture	Topic 8. Kyrgyzstan in the era of perestroika (1985-1990)	2
9 week	Lecture	Topic 9. Kyrgyzstan in the period of independence (1991-present)	2
Module 1 (Date)			
1 week	Practice	Topic 1. Formation of the Kyrgyz people.	2
2 week	Practice	Topic 2. The Kyrgyz in the fight against the Dzungar Khanate and the Qing Empire. Kyrgyz-Kazakh relations.	2
3 week	Practice	Topic 3. Kyrgyz and the Kokand Khanate. The Kyrgyz are part of the Russian Empire.	2
4 week	Practice	Topic 4. Culture of Kyrgyzstan in the 18th - mid- 19th centuries.	2
5 week	Practice	Topic 5. Features of the establishment of Soviet power in Kyrgyzstan.	2
Module 1 (Date)			
6 week	Practice	Topic 6. Warriors - Kyrgyz on the battlefields of the Great Patriotic War and the post-war years.	2
7 week	Practice	Topic 7. Kyrgyzstan in the post-war years.	2
8 week	Practice	Topic 8. Kyrgyzstan in the era of perestroika (1985-1990).	2
9 week	Practice	Topic 9. Kyrgyzstan is a sovereign state.	2
Module 2 (Date)			

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5. Schedule of consultations

Semester	Group	Week	Time	Room
1,2	GM	Wednesday	11:30-13:30	202

6. Schedule for receiving detentions

Semester	Group	Week	Time	Room
1,2	GM	Wednesday	11:30-13:30	202

7. List of basic and additional literature

A) Main literature:

1. Ch. Chotaeva. History of Kyrgyzstan (Course of lectures). Bishkek. 2016
2. O. Osmonov. Ch. Turdalieva. History of Kyrgyzstan (From the Stone Age to the present), Bishkek 2015.

B) Additional literature

1. C. Aliev. Encyclopaedical Phenomenon of Epos "Manas" (Bishkek. 1995)
2. Edited by Devin De Weese. Studies on Central Asian History (Indiana Universiu Research Institute for Inner Asian Studies. Bloomington. Indiana. 2001)
3. S.A.M. Adshead. Central Asia in World (University of Canterbury. Christchwich. New Zealand)
4. Edited by Korkut A. Ertuk. Rethinking Central Asia. Non-Eurocentric Studies in History, Social Structure and Identity (Istanbul, 1997)
5. Nazif M. Shahrani. The Kirghiz and Wakhi of Afghanistan. Adaptation to Closed Frontiers and War (University of Washington Press. Seattle and London. 1987)
6. Vladimor Bartold. Turkestan Down to the Mongol Invasion (London. 1968)
7. David Christian. The History of Russia. Central Asia and Mongolia (Massachusetts.1998)
8. Askar Beshimov and Dr. Gaurav Gupta (Author). The Rich Culture and History of Kyrgyzstan. New Delhi-India. 2024.

8. Course policy and evaluation criteria:

Mandatory class attendance.

Mandatory uniform (white medical gown and slippers; during lab sessions, a cap and non-sterile gloves are also required).

Active student participation in practical classes, including preliminary preparation and completion of homework.

High-quality and timely completion of assignments for Independent Work of a Student (IWS) and Independent Work of a Student with a Teacher (IWST).

Participation in all types of assessment: current, module (midterm), and final.

Maintenance of a workbook for recording lecture material, homework, and lab results

Additional Requirements

One late arrival or leaving class early for any reason is considered one missed class and must be made up.

The following are unacceptable: using mobile phones during classes, late submission of assignments, and failure to comply with rules of conduct and subordination.

Assessment System

The maximum score for each module is 100 points, including:

Independent Work of a Student (IWS) – 20 points

Current control (assessment) – 40 points



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Module (midterm) control – 40 points

The results of all modules and the exam are combined to calculate the average course grade. Students must make up missed classes and any “unsatisfactory” grades received during the course. Makeup assignments are accepted according to the faculty duty schedule in the department.

A module control (assessment) may be retaken only for a valid reason and must be completed no later than two weeks after the module date.

A student is allowed to take the final assessment (a differentiated pass/credit or an exam) if he scores 60 or more points in the course.

A student who scores less than 60 points is not allowed to take the final assessment.

A student is exempt from taking the exam if their overall course score is between 96 and 100 (excellent). This provision does not apply to medical disciplines requiring a state final examination.

Exemption from the exam is granted by order of the rector based on a report from the dean’s office. The dean’s office prepares a semester summary report based on submissions from department heads.

Grading System

The credit system uses a multi-point grading scale with letter grades, allowing instructors more flexibility in assessing student performance. An academic credit is considered earned if the student receives one of the following grades:


A+, A, A-, B+, B, B-, C+, C, C-, D+, D, D-. Credit is not awarded for grades outside this scale.

Scoring Policy	Module 1	Module 2, etc.
Classroom work (activity in discussions, oral questioning, working with a glossary, etc.)	40 points	40 points
Independent work: abstract, report, essay	20 points	20 points
Modular control (midterm control)	40 points	40 points
Total for the discipline:	More than 60 points	
Credit passed	The discipline is passed.	

Final assessment in the form of a pass (a credit) is carried out based on the results of the student’s independent work (SIW), current control (assessment) and midterm (modular) control for all modules.

Assessment Policy						
Form of interim assessment	Количество баллов					Mark
	Current control (max)	SIW (max)	Module (midterm) control (max)	Examination (max)	Total points (max)	
Examination	40	20	40	100	100	Excellent (Max)
Note: Method of calculating the sum of points	M1=CK1+SIW1+MC1; M2=CK2+SIW2+MC2;				S=(M1+M2+E)/3	

Final assessment in the form of an exam is conducted based on the student's independent work, current control (assessments) and module (midterm) control for all modules, as well as the exam itself.

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The following grade-to-point scale is used to evaluate student performance:

Rating and Scoring Scale				
Maximum score	Intervals			
	«not satisfactory»	«satisfactory»	«good»	«excellent»
20	0-11	12-15	16-17	18-20
40	0-23	24-30	31-35	36-40
60	0-35	36-45	46-53	54-60
100	0-59	60-75	76-89	90-100