

	Educational institution «Royal metropolitan university»
	Quality management system Syllabus of the discipline «Russian language» of the «DNHD» EI «RMU»

**EI “ROYAL METROPOLITAN UNIVERSITY”
Department of Natural and Humanitarian Disciplines**



SYLLABUS

Program:	General medicine
Qualification of the graduate:	General practitioner / Medical doctor
Year:	2025-2026
Semester:	1/2/3/4
Course duration:	18 weeks
Instructor/Assistant/Professor	Name: Davletbakova D.T
Department:	Humanities
Day and Time for consultation:	Monday at 14:00-16:30., room 207
Classroom:	207
e-mail:	<i>damira2236@gmail.com</i>
Course Title:	Russian language
Must/Elective:	
Credit/Hours:	8

Bishkek 2025



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1. Davletbakova D.T. email:damira2236@gmail.com

2. Description of discipline:

The program is focused on teaching foreign citizens who have not previously studied Russian or who speak Russian in an insufficient volume. This course will provide foreign citizens with the necessary language base:

- for their speedy adaptation in the new social and cultural environment;
- to communicate with native speakers of the Russian language;
- to carry out professional activities in teams, in hospitals where Russian is the working language;
- to communicate with patients during training practices;

Studying the Russian language according to this program will help foreign citizens to master the Russian language at a level that allows them to satisfy their basic communication needs in the field of everyday communication, social, cultural and professional spheres of communication.

The content of the program reflects the main levels of the language necessary for mastering communication skills (phonetic, lexical-semantic, grammatical).

Goal and objectives of the discipline

The purpose of studying the discipline “Russian language” is to provide foreign students with language knowledge, skills and abilities to carry out written and oral communication, as well as the formation of speech competencies necessary for solving professional problems. The study of Russian language will prepare students for public speaking, for realization of educational and educational activity, for cooperation.

Tasks of the discipline.

- to form and improve lexical and grammatical skills necessary for successful educational and professional medical communication in Russian;
- to learn to read, perceive by ear and conduct semantic analysis of professionally significant medical texts, to maintain medical documentation in Russian;
- to form grammatical and linguistic competence (mastery of language material sufficient for free communication in social and professional spheres);
- to develop the ability to discuss and polemics (ability to participate competently, effectively in a professional dialog with colleagues or partners, to conduct a dialog with medical staff).

Place of the discipline in the structure of the educational program (prerequisites, post-requisites) - This discipline is studied by students in the specialty “Medicine” (for foreign citizens) and is included in the list of compulsory disciplines of the humanitarian, social and economic cycle of the curriculum and the State Standard of Higher Education. The program of the discipline is designed for students who do not speak Russian. The discipline is an integral part of the program of training of medical specialists, mastering of which by foreign students is designed for the 1,2 semester of training, as well as 3,4 semester elective classes.

The knowledge obtained during the study of the discipline “Russian language” will be necessary for students to adapt to the conditions of a new socio-cultural environment; to communicate with native speakers of the Russian language; to carry out professional activities during educational practices.

Prerequisites: To master the Russian language course program, the student must know to study the features of articulation of sounds, intonation, accentuation and rhythmic of neutral speech;



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-know the rules of pronunciation and spelling, the basic phonetic laws of the Russian language; study the parts of speech, the basic grammatical categories of the Russian language;

-distinguish the main syntactic constructions; study the lexical minimum of 4000 educational lexical units of general and terminological character;

-to identify the main topics of speech and situations of communication; to study grammatical constructions necessary to express communicative functions and concepts in accordance with the speech situation.

Speaking. Dialogic and monologic speech using the most common and relatively simple lexico-grammatical means in the main communicative situations of informal and official communication.

Listening. Understanding of dialogic and monologic speech in the sphere of everyday and professional communication Reading. Types of texts: simple pragmatic texts.

Writing. Being able to write simple texts.

Post-requisites: Upon completion of the course, the student should be able to:

-read and listen to texts, identify the topic of a text, understand both its main and additional information;

-to independently compose oral and written coherent, logical statements;

-conduct a dialog in various speech situations with different purposes;

-solve communicative tasks in educational, professional and socio-cultural spheres of communication.

Competencies of students formed as a result of mastering the discipline, planned results of mastering the academic discipline.

GC-4 - able and willing to work in a team, tolerantly perceive social, ethnic, religious, and cultural

IC-3 - is capable and ready for written and oral communication in the state language and official languages, is able to master one of the foreign languages to solve professional problems.

SLC-5 - is capable and ready for logical and reasoned analysis, for public speech, discussion and polemics, for realization of upbringing and educational activity, for cooperation.

As a result of mastering the discipline, the student should demonstrate the following results of mastering the academic discipline:

- ability to business communication in one of foreign languages, ability to solve communication problems in all spheres of professional activity; ability to logical and reasoned analysis (IC 3, SLC5)

After mastering this discipline the student:

- will know the phonetic and intonational means of the Russian language, the main word-forming, morphological and syntactic units and the conditions of their use;

- will understand the basic information (topic, indication of place, time, reason, etc.) presented in separate dialogs and monologues of social and medical character;

- will be able to use basic medical terminology in Russian;

- will be able to initiate a dialog in typical communication situations (acquaintance, farewell, dialog between doctor and patient, doctor and medical staff, etc.).

- will be able to search for information in Russian using modern info-communication resources;

- will be able to participate competently and effectively in a professional dialog with colleagues or partners, to interview a patient in Russian.

1. Name and complexity of the discipline



№	Name of discipline	course	semester	Week	Academic hours		Independent work		Total
					Lecture	Practice	IWS	SRSP	
1	Russian language	1	1	18		72	24	24	120
2		1	2	18		72	24	24	120
3		2	3	18		36	12	12	60
4		2	4	18		36	12	12	60

2. Thematic plan for modules (indicating weeks and hours, dates)

1 semester

Course Plan	Practice	Topic	Date	hours
1 week	Practice	<i>Topic 1: Introductory phonetic course. Russian alphabet. Greetings, Acquaintance.</i>		4
2 week	Practice	<i>Topic 2: The system of vowels and consonants. The concept of hard and soft consonants. Family members. Frequent verbs.</i>		4
3 week	Practice	<i>Topic 3: Nouns Who is it? What is it. My family.</i>		4
4 week	Practice	<i>Topic 4: The category of the number of nouns. Food. Fruits. Vegetables. I have...</i>		4
5 week	Practice	<i>Topic 5: The gender of nouns. Masculine. Feminine gender. Man</i>		4
6 week	Practice	<i>Topic 6: Personal and possessive pronouns. Dishes. This is my....</i>		4
7 week	Practice	<i>Topic 7: Indicative pronouns. Complex sentences.. University staff. I have...</i>		4
8 week	Practice	<i>Topic 8: Verbs. Infinitive. Meaning and use of verbs. I am a student.</i>		4
9 week	Practice	<i>Module 1. Final lesson</i>		4
1 week	Practice	Topic 1: Present tense. Parts of the body". I need to...I can....		4
2 week	Practice	Topic 2: Conjugation of verbs. The endings <i>ишь, -ит, -ите, -ат(-ят)</i> in verbs of the 2nd conjugation. Internal		



		organs		
3 week	Practice	Topic 3: Adjective. Color. Taste. I like...I have....		4
4 week	Practice	Topic 4: Adjective. How to describe a person. My friend (girlfriend)...		4
5 week	Practice	Topic 5: Numbers. Quantitative numbers. Numbers from 1 to 1000. Vegetables, fruits. I want to buy... How much is....		4
6 week	Practice	Topic 6: Adverbs of place and time. Seasons. Weather.		4
7 week	Practice	Topic 7: Adverbs of quality. How do you feel?		
8 week	Practice	Topic 8: Comparison and differentiation of the prepositional case (where?) - accusative case (where to?)		4
9 week	Practice	Topic 9. Final lesson		4
Total for semester				

2 semester

Course Plan	Practice	Topic	Date	hours
1 week	Practice	Topic 1: Verbs. Infinitive form. Medical professions. Today I'm going.		4
2 week	Practice	Topic 2: Past tense of verbs. Tell me about yourself. Medical terms.		4
3 week	Practice	Topic 3. Verb aspects in the past tense. What did you do yesterday?		4
4 week	Practice	Topic 4. Simple future tense of verbs. Tomorrow I will call you....		4
5 week	Practice	Topic 5. The compound future tense of verbs My weekend. Medical professions.		4
6 week	Practice	Topic 6. Future tense of verbs. I have a pain.		4
7 week	Practice	Topic 7. The verb "To be". I was..., I will be....		4
8 week	Practice	Topic 8. The genitive case of negation in the present, past and future tenses. How to tell about the absence of an object (person).		4
9 week	Practice	Topic 9. Final lesson		4
Module 2 (semester 2)				
1 week	Practice	Topic 1. The imperative mood of the verb. Rules of		4



		behavior in public places.		
2 week	Practice	Topic 2. Conjugation of return verbs with the particle <i>ся (-сь)</i> . My daily routine.		4
3 week	Practice	Topic 3. Verbs of motion in the Russian language. Library. Frequent verbs.		4
4 week	Practice	Topic 4. Use of modal verbs “want, would like” in speech. The main symptoms of a cold.		4
5 week	Practice	Topic 5. Use of the modal verb “must, will have to” in speech. Names of diseases.		4
6 week	Practice	Topic 6. Use of the modal verb “must” in speech. I need medicine.		4
7 week	Practice	Topic Difference between adverbs and adjectives in a sentence. I have allergies.		4
8 week	Practice	Topic 8. Expression of time: when? what time? what time? What time is it?		4
9 week	Practice	Topic 9. <i>Final lesson</i>		4
Total for semester				

3 semester

Course Plan	Practice	Topic	Date	hours
1 week	Practice	Topic 1: Singular and plural nouns in the form of the prepositional case with the meaning of the object of thought. Prepositions <i>О / ОБ</i> .		2
2 week	Practice	Topic 2: Accusative case. Nouns in the Accusative case with the meaning of an inanimate object. Talking on the phone.		2
3 week	Practice	Topic 3. Verbs after which nouns in the Accusative case with the meaning of animate object are used.		2
4 week	Practice	Topic 4. The prepositional case of nouns: About whom? About what? Tell me about your friend.		2
5 week	Practice	Topic 5. Dative case. Letter to a friend.		2
6 week	Practice	Topic 6. Marking the place of motion. Walked down the street, called on the phone, watched on TV, listened on the radio, etc..		2



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7 week	Practice	Topic 7. Expression of conditional relations. Complex sentence with the allied word “if,...then”.Health.	2
8 week	Practice	Topic 8. How to find out age, designation of a person when indicating age.. My friends.	2
9 week	Practice	<i>Module 1. Final lesson</i>	2
Module 2 (semester 3)			
1 week	Practice	Topic 1. Prepositions. Use of the preposition -Y. He/she has....	2
2 week	Practice	Topic 2. Use of the preposition WITHOUT. Intramuscular injection.	2
3 week	Practice	Topic 3. Use of prepositions - FROM, FOR. Names of diseases.	2
4 week	Practice	Topic 4. Use of the prepositions –from. My country	2
5 week	Practice	Topic 5. The Instrumental case. My free time	2
6 week	Practice	Topic 6. Verbs followed by nouns in the Instrumental case with the meaning of joint action.Opposite verbs.	2
7 week	Practice	Topic 7. Nouns in the Instrumental case with the meaning of predicative.You want to become a doctor. Why?.	2
8 week	Practice	Topic 8. Forms of Degrees of Comparison of Adjectives. Allergies and their symptoms.	2
9 week	Practice	<i>Topic 9. Final lesson</i>	2
Total for semester			

4 semester

Course Plan	Practice	Topic	Date	hours
1 week	Practice	Topic 1. My future profession .Patient's passport data.		2
2 week	Practice	Тема 2. The Instrumental case after the verbs to become, to become, to be, to work. At an appointment with a therapist.		2
3 week	Practice	Topic 3. Asking the patient about temperature readings. The main signs of elevated body temperature		2



4 week	Practice	Topic 4 Health. Self-being.. Where does it hurt? Who has pain?		2
5 week	Practice	Topic 5. Culture. Museums of the world. National traditions.		2
6 week	Practice	Topic 6. Weather. Seasons. In the fall.		2
7 week	Practice	Topic 7. In the store. Buy to whom? Give to whom? I need, like, can not, must....		2
8 week	Practice	Topic 8. How to tell time. Get up, wash/dress/hair comb.		2
9 week	Practice	Topic 9. <i>Final lesson</i>		2
1 week	Practice	Topic 1. Examining a patient. Provision of first aid for bruises, wounds.		2
2 week	Practice	Topic 2. Diseases and their symptoms.. Disease of the respiratory system.		2
3 week	Practice	Topic 3. Free time. From where? / From whom? Where? To whom?		2
4 week	Practice	Topic 4. Hobbies. Accusative case: I like... What? Who? Nominative case: I like (What? Who?).		2
5 week	Practice	Topic 5. Sciences. Medicine of the future. Medical terms.		2
6 week	Practice	Topic 6. Dative case. To whom? Age. -How old is your brother?		2
7 week	Practice	Topic 7. Rules of behavior in public places. Passengers are not allowed to smoke in the cabin.		2
8 week	Practice	Topic 8. Subject of state. Foreign tourists are cold in Bishkek in winter.		2
9 week	Practice	Tema 9. <i>Final lesson</i>		2
Total for semester				

3. Schedule of consultations



semester	group	week	Time	room
1,2,3,4	GM	Monday	14.00-16.30	207

4. Schedule for receiving detentions

Semester	Group	Week	Time	Room
1,2,3,4	GM	Wednesday	15:30-16:30	207

5. List of basic and additional literature

Basic references:

1. Khavronina S.A., Shirochinskaya A.I. Russian language in exercises. Study guide (for English speakers). Moscow: 2011
2. V.E. Antonova, M.M. Nakhabina, A.A. Tolstoy. Road to Russia. Elementary level. - S-P .: "Zlatoust", 2013.
3. Yu.G. Ovsienko Russian language for beginners. - M .: "Russian language", 2013

Additional literature

1. <https://ru.duolingo.com/> "Duolingo" app
2. Lukyanova L.V. Russian language for doctors. Textbook for foreign citizens.- SPb .: Zlatoust, 2014.
3. Dyakova V.N. Preparation for clinical practice. Speech Development Manual for International Medical Students. - SPb: Zlatoust, 2002
4. Anikina MN To Russia with love. We are starting to learn Russian. Textbook for the Russian language. - M .: Bustard, 2014.
5. Afanasyeva N.A. Styles palette: a textbook on the style of the Russian language for foreigners. - SPb .: Zlatoust, 2012.
6. Bure N., Bystrykh M. Learning Russian. Linguodidactic trainer: I Love you. - MIRS, 2013.

Reference and information publications.

1. Antonova V.E., Nakhabina M.M., Safronova M.V., Tolstykh A.A. Road to Russia: Textbook of the Russian language (basic level). - SPb .: Zlatoust, 2009.
2. Amiantova E.I. and others. Russian as a foreign language. Vocabulary of the Russian language: Collection of exercises. - M .: Flinta: Science, 2003.
3. Ermachenkova V.S. Word. A guide to vocabulary and speaking practice. - SPb: Zlatoust, 2012.
4. Ivanova I.S., Kupriyanova T.F. Syntax: a practical guide to Russian as a foreign language - SPb .: Zlatoust, 2012
5. Laskareva E.R. Walking in Russian vocabulary. - SPb: Zlatoust, 2011
6. Odintsova I.V. What did you say? A book on the development of listening and speaking skills for Russian language learners. - SPb: Zlatoust, 2000.
7. Smirnova T., Gogulina N. Initial course of Russian grammar for foreigners. A tutorial for beginners. - Yekaterinburg: USU, 2008.
8. Starovoitova I.A. Your opinion: A textbook on speaking practice - M .: Flinta: Nauka, 2005.
9. Chernyshov S.I., Chernyshova. Let's go! -2. Russian for adults. Basic course: in 2 volumes Zlatoust, 2011.



6. COURSE POLICY AND EVALUATION CRITERIA:

Type of control (current, milestone, final)	Control form	Assessment of learning outcomes
Current control	Oral survey, written work	40 points
IWS+IWW	Performing assignments, work with literature	20 points
Milestone control (modul submission)	Testing, control tasks	40 points
Final control (differential test)	Conversation, examination (test.edu.kg)	100 points

Scale of correspondence between grades and scores on the final control (exam)	
Score	Grade
90-100	«excellent»
76-89	«good»
60-75	«satisfactory»
0-59	«unsatisfactory»

7. Policy of the academic discipline (corporate culture code, student code of ethics):

- Mandatory attendance.
- Active participation of the student in practical classes, preliminary preparation and homework.
- High-quality and timely completion of tasks for the SIW.
- Participation in all types of control (current, milestone, final).

Additional requirements:

- one lateness to classes and / or leaving before their end for any reason is considered as one missed lesson that is not subject to recovery;
- unacceptable: the use of cell phones during classes, deceit and plagiarism, late delivery of assignments, non-compliance with subordination and rules of conduct.

Help: For advice on the implementation of independent work (SIW), their delivery and protection, as well as for additional information on the material covered and all other questions you may have about the course, please contact the teacher during the hours allotted for consultations.